

## **Registered Professional Nurse Job Description Adult Intermediate Care**

### **Job Summary:**

The Adult Intermediate Care RN is responsible for managing the care of the adult and elderly patient experiencing severe, but usually non-life threatening problems requiring moderately complex assessment, moderately intensive therapies and interventions, and moderate levels of nursing vigilance. The Adult Intermediate Care RN is responsible to the Clinical Manager for assigned Intermediate Care/Progressive Care Unit.

### **Qualifications**

- Current licensure in good standing in the state of practice
- Evidence of 1 year of adult intermediate care nursing experience within the past two years
- Evidence of BLS credential mandatory; additionally, the RN may have resuscitation credentials, including but not limited to ACLS
- Additionally, the RN may have professional certifications, including but not limited to CCRN

### **Responsibilities**

- Conducts an individualized patient assessment, prioritizing the data collection based on the adult or elderly patient's immediate condition or needs within timeframe specified by client facility's policies, procedures or protocols.
- Conducts ongoing assessments as determined by the adult or elderly patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly.
- Develops plan of care that is individualized for the adult or elderly patient reflecting collaboration with other members of the healthcare team.
- Performs appropriate treatments as ordered by physician in an accurate and timely manner.
- Performs therapeutic nursing interventions as established by individualized plan of care for the adult or elderly patient and his/her family.
- Provides individualized patient/family education customized to the adult or elderly patient and his/her family.
- Documents patient assessment findings, physical/psychosocial responses to nursing intervention and progress towards problem resolution.
- Initiates emergency resuscitative measures according to adult resuscitation and advanced life support protocols.
- Maintains confidentiality in matters related to patient, family and client facility staff.
- Provides care in a non-judgmental, non-discriminatory manner that is sensitive to the adult or elderly patient's and family's diversity, preserving their autonomy, dignity and rights.
- Reports patient condition to appropriate personnel during each shift.
- Maintains current competency in adult intermediate care nursing.

RN Name: \_\_\_\_\_

RN Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# INTERMEDIATE CARE NURSING: ADULT KNOWLEDGE & SKILLS CHECKLIST

First Name	MI	Last Name
SSN	Date	

**Instructions:** Please check the appropriate column that best describes your experience level for each knowledge competency and skill. Evaluate yourself based on experiences within the last two years.

**Self-Assessed Experience Rating Scale**  
 Limited Experience    1       2       3       4    Very Experienced

	1	2	3	4		1	2	3	4
<b>ASSESSMENT &amp; CARE OF PATIENT W/ OR REQUIRING:</b>					33. Inflammatory Bowel Disease				
1. Abdominal Aortic Aneurysm Repair					34. Intracoronary Stent Placement				
2. Adrenal Disorders					35. Leukemia				
3. ARDS					36. Lobectomy				
4. Angina					37. Meningitis				
5. Basal Skull Fracture					38. Multiple Sclerosis				
6. Bowel Obstruction					39. Neuromuscular Disease				
7. Bronchoscopy					40. Pancreatitis				
8. Burns					41. Paralytic Ileus				
9. Cardiac Arrest					42. Pituitary Disorders				
10. Cardiac Catheterization					43. Pneumonectomy				
11. Cardiomyopathy					44. Pneumonia				
12. Carotid Endarterectomy					45. Post Acute MI (24-48 Hrs)				
13. Cerebral Vascular Accident (CVA)					46. Post Adrenalectomy				
14. Coma					47. Post Angioplasty				
15. Congestive Heart Failure (CHF)					48. Post CABG				
16. COPD					49. Post Hypophysectomy				
17. Delirium Tremens					50. Post Thyroidectomy				
18. Diabetic Ketoacidosis					51. Post-Operative Care				
19. Diabetes Insipidus					a) Cardiothoracic Surgery				
20. Diabetes Mellitus					b) GI Surgery				
21. Drug Overdose					c) Neurosurgery				
22. Encephalitis					d) Ostomy				
23. ERCP					e) Tracheostomy				
24. Esophageal Bleeding					f) Vertebral Surgery				
25. Externalized VP Shunt/Reservoir					g) Vascular Surgery				
26. Femoral-Popliteal Bypass					52. Pulmonary Edema				
27. GI Bleeding					53. Pulmonary Embolism				
28. Hepatic Failure					54. Renal Failure				
29. Hepatitis					55. Renal Transplant				
30. HIV/AIDS					56. Seizures				
31. Hyperthyroidism					57. Spinal Cord Injury				
32. Hypothyroidism					58. Status Asthmaticus				

**Self-Assessed Experience Rating Scale**

Limited Experience 1 2 3 4 Very Experienced

	1	2	3	4		1	2	3	4
59. Tuberculosis					25. Incentive Spirometry				
60. TURP					26. Interpretation of Lab Results				
61. Thyroid Dysfunction					a) Blood Gases				
62. Urinary Tract Infection					b) Blood Chemistry				
<b>SKILLS</b>					c) Cardiac enzymes & isoenzymes				
1. Admission Process					d) CBC				
2. A-V Fistula Care					e) Coagulation studies				
3. Bronchoscopy (assist)					f) Cultures				
4. Catheter insertion & care					g) Electrolytes				
a) Bladder Irrigation					h) Urine dipstick				
b) Foley					27. Intestinal Tract Tubes, Placement & Care				
5. Female					a) Gastrostomy				
6. Male					b) Jejunostomy				
a) Straight					c) Nasogastric				
b) Female					d) Orogastric				
7. Male					e) T-tube				
a) Suprapubic					28. Intravenous Infusion Therapy				
8. Cardioversion					a) Blood & blood products infusion				
9. Charge Nurse Routine					i) Albumin				
10. Chest Physiotherapy					29. Cryoprecipitate				
11. Chest tube & drainage system					30. Packed RBCs				
a) Care & maintenance					31. Whole blood				
b) Removal					a) Central line site maintenance				
c) Set-up					i) Broviac				
12. EKG Interpretation					32. Groshong				
a) 12 Lead					33. Hickman				
b) Arrhythmia					34. Peripheral arterial line				
c) Lead placement:					35. PICC				
i) 5 electrode placement					36. Portacath				
13. I, III, V-leads					37. Quinton				
14. Lead II & MCL					a) Heparin lock				
15. Extubation					b) Nutritional Infusions				
16. Feedings					i) Hyperalimentation				
a) Continuous tube feeding					38. Intralipids				
b) Gavage, intermittent					a) Peripheral IV insertion & maintenance				
17. Femoral Artery Sheath Removal					i) Angiocath				
18. Gastric Lavage, Iced Saline					39. Butterfly				
19. Gastric Suction					40. Intubation (assist)				
20. Glasgow Coma Scale					41. Isolation Procedures				
21. Halo Traction/Cervical Tongs					42. Lumbar Puncture (assist)				
22. Hemodialysis					43. Nephrostomy Tube Care				
23. Hemodynamic Monitoring, Invasive					44. Nerve Stimulators				
a) Central Venous (CVP)					45. Neurological Assessment				
b) Radial Arterial					46. Nursing Assessment Care Planning				
c) Swan-Ganz					47. Oral Airway Insertion				
24. Hemodynamic Monitoring, Non-invasive					48. Oxygen Therapy Administration				
a) Auscultation					a) Bag & mask				
b) Doppler					b) ET tube				
c) Electronic					c) External CPAP				
d) Palpation									

**Self-Assessed Experience Rating Scale**  
Limited Experience 1 2 3 4 Very Experienced

	1	2	3	4		1	2	3	4
d) Face mask					8. Clonazepam				
e) Nasal cannula					9. Corticosteroids				
f) Trach Collar					10. Dobutamine				
49. Pacemaker					11. Dopamine				
f) Permanent					12. Diazepam (Valium)				
b) Temporary					13. Digoxin				
i) Epicardial wires					14. Diltiazem				
ii) External pacing					15. Epinephrine				
50. Transvenous					16. Heparin				
51. Peritoneal Dialysis					17. Insulin				
a) Automatic cyclor					18. Isoetharine (Bronkosol)				
b) Manual					19. Lasix				
52. Physical Assessment					20. Lidocaine				
53. Restraints					21. Lorazepam				
54. Specimen Collection					22. Meraproteranol (Alupent)				
a) Blood					23. Nitroprusside				
i) Arterial stick, radial					24. Nitroglycerine				
55. Central line					25. Phenobarbital				
56. Venous stick					26. Phenytoin (Dilantin)				
a) Cultures					27. Sodium Bicarbonate				
b) Sputum					28. Thyroid Replacement				
c) Urine					29. Vasopressin				
i) Catheter					30. Verapamil				
ii) 24 Hr Collection					31. Delivery Methods				
57. Suctioning					a) Continuous IV infusion				
a) ET Tube - Closed					b) Eye/ear instillations				
b) ET Tube - Open					c) IM injections				
c) Nasal-pharyngeal					d) Insulin pump				
d) Oral-pharyngeal					e) IV Push				
e) Tracheostomy					f) Meter dosed inhalers				
58. Temperature					g) Nebulizer				
a) Axillary					h) SQ injections				
b) Oral					i) Z track injections				
c) Tympanic									
59. Thoracentesis (assist)					<b>PAIN MANAGEMENT</b>				
60. Vital Signs					1. Pain Level Assessment				
61. Wound/Ostomy Care					2. Care of patient w/:				
a) Colostomy site care/bag change					a) Epidural analgesia				
b) Decubitus ulcers					b) IV conscious sedation				
c) Ileostomy site care/bag change					c) Patient controlled analgesia (PCA)				
d) Irrigations					d) Narcotic agents				
e) Sterile Dressing Changes					e) Non-narcotic agents				
f) Surgical wounds with drains									
<b>MEDICATIONS</b>					<b>EQUIPMENT</b>				
1. Albuterol (Ventolin)					1. BP Transducer				
2. Aminophylline					2. Cardiac Monitor				
3. Anticoagulants					3. Defibrillator				
4. Antihypertensives					4. Glucometer				
5. Atropine					5. Hemodialysis Machine				
6. Bretylium					6. Infusion Delivery Systems (Specify manufacturer)				
7. Carbamazepine					a) IV pump:				
					b) IV pump				
					c) IV pump				

**Self-Assessed Experience Rating Scale**  
Limited Experience 1 2 3 4 Very Experienced

	1	2	3	4
7. Oxygen Analyzer				
8. Oxygen Blender				
9. Oxygen Flow Meter				
10. Pulse Oxymeter				
11. Specialty Beds				
a) Air fluidized				
b) Low air loss				

	1	2	3	4
c) Rotating				
12. Ventilator				
a) CPAP				
b) Pressure				
c) T-Piece				
d) Volume				
e) Weaning modes				

**Age Appropriate Nursing Care**

Please check the appropriate box(es) for each age group and activity for which you have had experience within the last year.

Age Specific Experiences	Age Specific Experiences			
	Adolescent (13-18 yrs)	Young Adult (19-39 yrs)	Middle Adults (40-64 yrs)	Older Adult (65+ yrs)
1. Understands the normal growth and development for each age group and adapts care accordingly				
2. Understands the different communication needs for each age group and changes communication methods and terminology accordingly				
3. Understands the different safety risks for each age group and alters the environment accordingly				
4. Understands the different medications, dosages and possible side effects for each age group and administers medications appropriately				

The information I have provided in this knowledge and skills checklist is true and accurate to the best of my knowledge.

\_\_\_\_\_  
Signature Date